

What about mental illness?

This situation is often perceived to be mental illness. Differentiating between mental illness and a true multiple stalking and technological harassment situation takes time. Victims may also have developed mental illness as a result of the trauma, and may *still* be victims.

It is important to realize that our society's understanding of human psychology has grown exponentially over the last 50 years, allowing any hate or vigilante group to take full advantage of such knowledge. It is the "ideal" crime, causing maximum damage to the victim, with a minimal chance of exposure to the perpetrator(s).

For more information, see:

www.c-a-t-c-h.ca

"Cause stalking has been used by extremist groups since the early 1990s. The basic system is alleged to have been developed by the Ku Klux Klan and refined through years of use... The primary characteristic of cause stalking is that it is done by large groups of people. A target will always be followed, but he is unlikely to see the same stalkers very often... Many of these groups include hundreds of people."

David Lawson,
Terrorist Stalking in America



What is technological and community-based harassment?

Community-based harassment

is like a grown-up version of schoolyard bullying. Multiple individuals within a community participate in the harassment of a single individual. However, rather than attack a victim physically, techniques are used to undermine a person *psychologically*. This can be far more damaging than a physical attack because not only is it very hard to prove, but it is extremely traumatizing for the victim. (Also known as cause stalking or gang stalking).

Technological harassment

involves the use of non-lethal or directed energy weapons to not only traumatize the victim, but to potentially cause physical harm as well. Such weapons do exist and are available to the public through the internet and books. Without a doubt, more sophisticated weapons are in use as well, although lack of media coverage has created the impression that such weapons do not exist. This is not the case.

What do victims experience?

Community-based harassment:

- Break-ins and small scale vandalism or sabotage
- *Daily*, repetitive, antagonistic activities involving multiple stalkers and/or vehicles
- *Multiple* daily phone calls with no one on the other end of the phone
- Noise harassment from neighbors

Technological Harassment:

- Continual banging and tapping of walls and windows
- Dizziness, weakness
- Headache
- Extreme fatigue
- Intense, disruptive ear ringing
- Buzzing or clicking in the head, ears or sinuses
- Jolts and jerks to muscles
- Abdominal pain/nausea
- Vibrating objects, such as bed, chair or body
- Mental confusion/inability to concentrate
- Inexplicable behavior of anything mechanical or electronic, including TV, computer, car, and appliances (for example, TV turning on or off by itself)

Who are we?

We are a group of targeted individuals who meets once a month to work on raising public awareness of this crime, as well as to offer support to one another.

Who can join us?

Anyone, including family members of victims, is welcome to join our support meetings. Activism meetings, which are held separately from the support meetings, are by invitation only.

Community care workers are welcome to refer anyone to us who they believe may be a victim.

Please join us! The more our numbers grow, the easier it is to bring this crime out into the open.

Contact Information

For more information email us at:

admin@CatchCanada.org

Or visit our website at:

www.CatchCanada.org

or

www.c-a-t-c-h.ca